



U.S.I.B.A. 2023 NATIONALS

V.M.I., Lexington, VA.

SCHEDULE OF EVENTS



All times are local – Eastern Time Zone.

ARRIVAL & CHECK-IN WEDNESDAY, MARCH 22, 5:00pm-10:00pm Sleep Inn & Suites, Lobby
It is strongly advised to check in on Wednesday to avoid delays. Test Scales available Wed. at Sleep Inn
All registered boxers and coaches must check-in to receive wrist bands for admission.

THURSDAY, MARCH 23, 6:00am-8:00am Main Gym Floor, Cocke Hall (VMI)

COMPETITION DAY 1 – THURSDAY, MARCH 23 ***Shuttle vans/buses from all 3 hotels at 5:45am***

6:00am – 8:00am	Check-in for those that did not make it Wednesday	Main Gym Floor, Cocke Hall
6:00am – 8:00am	Test Scales Available	Outside Locker rooms on 3 rd floor, Cocke Hall
8:00am – 10:00am	Official Weigh In & Pre-Bout Physical Exams "ALL BOXERS!"	Men's Varsity Locker room, Cocke Hall Women's Varsity Locker room, Cocke Hall
11:00am – 12:00pm	Coaches' Meeting and Rules Review	Classroom 330, Cocke Hall
12:00pm – 4:00pm	Officials' Meeting and Clinic	Classroom 601, Cocke Hall
12:00pm – 2:00pm	Bracket Draws and Seeding with bouts for Day 1	Classroom 330, Cocke Hall
6:00pm	Announcements, welcome, Introductions, Competition Begins	Main Gym Floor

COMPETITION DAY 2 – FRIDAY, MARCH 24 ***Shuttle vans/buses from all 3 hotels at 5:45am***

6:00am – 7:00am	Test Scales Available	Outside Locker rooms on 3 rd floor Cocke Hall
7:00am – 9:00am	Official Weigh In & Pre-Bout Physical Exams. "Only those boxers competing today!"	Men's Locker room, Cocke Hall Women's Locker room, Cocke Hall
9:00am	Coaches' Meeting and Review of Day 1	Classroom 330, Cocke Hall
10:00am	Board of Governor's Meeting	Classroom 601, Cocke Hall
1:00pm	Team Scoring Members Meeting	Classroom 330, Cocke Hall
6:00 pm	Competition Begins, Awards for Hall of Fame & Scholarships	Main Gym

COMPETITION DAY 3 – SATURDAY, MARCH 25 ***Shuttle vans/buses from all 3 hotels at 5:45am***

6:00am – 7:00am	Test Scales Available	Outside Locker rooms, Cocke Hall
7:00am – 9:00am	Official Weigh In & Pre-Bout Physical Exams	Men's Locker room, Cocke Hall Women's Locker room, Cocke Hall
9:00am	Coaches' Meeting and Review of Day 2	Classroom 330, Cocke Hall
10:00am	Team Scoring Members Meeting	Classroom 330, Cocke Hall
1:00pm	Competition Begins	Main Gym Floor